

# COUNSELOR'S CORNER

## J. Harvey Rodgers School

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### Bully Prevention Month

October is Bully Prevention Month. We will celebrate The Week of Respect from October 7<sup>th</sup>-11<sup>th</sup> with special spirit days. You can find our spirit days on the back of this newsletter. Each Kindergarten class will also have a classroom lesson to learn about bullying behaviors and how we can be Bulldog Buddies to prevent bullying at the Rodgers School. During the lesson students will listen to the story *The Bully and The Shrimp* by Catherine Allison and we will discuss ways to prevent bullying by being kind to one another.

### Virtue of the Month: Integrity

Integrity is following the rules, being honest, telling the truth. Students will participate in a second classroom lesson this month that will reinforce our Virtue of the Month. Classroom teachers will be conducting mini lessons and discussions about Integrity throughout the month. For the counseling lesson, students will listen to and discuss the book *I Promise* by LeBron James which is all about children being the best version of themselves. Students will complete an *I Promise Pledge* to round out the lesson.



## October Guidance Lessons:

Bully Prevention and Integrity

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### *The Week of Respect Spirit Days* *October 7-11, 2024*

The Week of Respect is an annual celebration in New Jersey. This special week is recognized every year during the first week in October to raise awareness of bullying and to promote a positive school climate for students, faculty and the community. We hope you will join the fun and participate in our special spirit days!

**Monday - Blue-Up for World Bullying Prevention Month:** Wear blue.

**Tuesday - "You've Got a Friend in Me":** Wear a Disney themed shirt, dress and/or hat.

**Wednesday - Bulldog Buddy PRIDE:** Wear Maroon & Gold for Bulldog Buddy PRIDE and show off our district Core Values (Perseverance, Respect, Integrity, Dependability, Empathy)!

**Thursday - Everyone is included in our "Patch":** Wear orange to celebrate inclusion & our Kindergarten Field Trip to the Mood's Farm Pumpkin Patch!

**Friday (in-service day) - Random Acts of Kindness:** Commit a random act of kindness in your home or your community.